

2022-2023 School Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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TODDLER AGE												
Toddler Age (45 min)												
Parent & Me Gym (age 1-3)				6:00 PM	11:00 AM	4:00 PM				9:00 AM	5:00 PM	
Tumble Tots (age 2-3)				5:00 PM								
*PreK Gymnastics (age 3-5)		6:00 PM	11:00 AM	4:00 PM		5:00 PM	9:00 AM	5:00 PM	11:00 AM	4:00 PM		11:00 AM
*PreK Ballet /Tap (age 3-5)						4:00 PM						
*PreK Acrobatics (age 3-5)		4:00 PM						6:00 PM				
Mini Ninjanastics (age 3-5)						6:00 PM		4:00 PM	9:00 AM	5:00 PM		
Mini Warrior Challenge (age 3-5)	11:00 AM	4:00 PM		5:00 PM								
Toddler Open Tumble (age 1-5)	10:00 AM		10:00 AM		10:00 AM		10:00 AM		10:00 AM			10:00 AM

SCHOOL AGE												
School Age (55 min)												
*Acrobatics (age 6 & up)		6:00 PM										
Hip Hop (age 6 & up)						6:00 PM						
*Ballet/Tap (age 6 & up)								5:00 PM				
*Novice Gymnastics (age 5 & up)		5:00 PM		6:00 PM		6:00PM		6:00 PM		5:00 PM		
*Beginner Gymnastics (age 6 & up)		4:00 PM		5:00 PM		5:00 PM		4:00 PM		6:00 PM		
*Intermediate Gymnastics (age 6 & up)		6:00 PM		4:00 PM								
*Advanced Gymnastics (age 8 & up)						7:00 PM						
*Flips and Tricks 1 (age 5 & up)						4:00 PM		5:00 PM				11:00 AM
*Flips and Tricks 2 (age 5 & up)		5:00 PM						7:00 PM				
*Back Handsprings (6 & up)		7:00 PM				7:00 PM						
*Elite Tumble (age 8 & up)				7:00 PM								
Warrior Challenge 1 (age 6 - 8)		5:00 PM								6:00 PM		
Warrior Challenge 2 (age 8 & up)		7:00 PM		7:00 PM				7:00 PM				
Cheernastics (age 5 & up)						6:00 PM						
Premier Cheer (age 6 & up)										6:00 PM		

For all Tumble Tot and PreK classes students must be independent and potty trained.

Classes marked with an * require a leotard