

2024-2025 School Schedule

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

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Toddler and Preschool Age (45 min)

Parent & Me (age 1-3)

5-5:45

5-5:45

9-9:45

Tumble Tots (age 2-3)

9-9:45

6-6:45

4-4:45

*PreK Gymnastics (age 3-5)

4-4:45

11-11:45

6-6:45

12-12:45

4-4:45

5-5:45

9-9:45

6-6:45

11-11:45

Ninjanastics (age 3-5)

11-11:45

6-6:45

5-5:45

11-11:45

6-6:45

4-4:45

9-9:45

PreK Dance (age 3-5)

6-6:45

Toddler Open Tumble (age 1-5)

10-10:55 AM

10-10:55 AM

10-10:55 AM

10-10:55 AM

10-10:55 AM

10-10:55 AM

School Age (55 min)

Home School Club (age 5+)

2-2:55

*Intro to Gymnastics (age 5+)

4-4:55

5-5:55

4-4:55

4-4:55

5-5:55

11-11:55

*Beginner Gymnastics (age 6+)

5-5:55

4-4:55

5-5:55

5-5:55

6-6:55

9-9:55

*Intermediate Gymnastics (age 6+)

6-6:55

6-6:55

*Advanced Gymnastics (age 8+)

6-6:55

7-7:55

*Acrobatics and Tumbling (age 5+)

5-5:55

*Intro to Tumbling (age 5+)

4-4:55

12-12:55

*Flips and Tricks (age 6+)

6-6:55

6-6:55

6-6:55

11-11:55

*Advanced Tumble (age 6+)

7-7:55

7-7:55

*Elite Tumble (age 8+)

7-7:55

Little Stars Cheer (age 5+)

6-6:55

Shooting Stars Cheer (age 6+)

5-5:55

Warrior 1 (age 5-8)

6-6:55

5-5:55

Warrior 2 (age 8+)

5-5:55

7-7:55

6-6:55

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**For all Tumble Tot and PreK classes students must be independent in class.
EPCFA is not certified to teach special needs children**

**Highlighted classes have reached maximum capacity
*Classes marked with a * require a leotard 3/10/25**